

Examination Items 檢查項目	Supreme Male 男士尊尚計劃	Premium Male 男士智選計劃	Executive Male 男士行政計劃	Standard 標準計劃	Basic 基本計劃
	SCH-ANN-04180	SCH-ANN-04178	SCH-ANN-04176	SCH-ANN-04175	SCH-ANN-04174
Doctor's Consultation and Physical Examination 醫生會診及體格檢查	✓	✓	✓	✓	✓
Medical History and Lifestyle Questionnaire 病歷及健康問卷	✓	✓	✓	✓	✓
Body Mass Index / Waist Circumference 體重指數 / 腰圍量度	✓	✓	✓	✓	✓
Vision Test 視力檢查	✓	✓	✓	✓	✓
Chest X-ray 胸部X光檢查	✓	✓	✓	✓	✓
Lung Function Test 肺功能測試	✓	✓	—	—	—
Electrocardiogram (ECG) 心電圖	—	✓	✓	✓	—
Cardiac Stress Test (Treadmill Exercise ECG) 運動心電圖 (Resting ECG is included 已包括靜態心電圖)	✓	—	—	—	—
Whole Abdominal Ultrasound 全腹腔超聲波掃描 (Liver, Gall Bladder, Spleen, Kidney & Pancreas+Prostate*)(肝, 膽, 脾, 腎, 胰 + 前列腺*)	✓	—	—	—	—
* Prostate Ultrasound: For male age 45 or above or if indicated only 前列腺超聲波掃描: 只提供予四十五歲或以上或有病徵之男性	✓	—	—	—	—
Liver Ultrasound 肝臟超聲波	—	✓	—	—	—
Laboratory Investigations 化驗項目:					
Blood Picture 全血圖	Complete Blood Count 全血計	✓	✓	✓	✓
Blood Group 血型	ABO Blood Group, Rh Factor ABO 血型及恆河猴因子 (1st time user only 只適用於首次參與者)	✓	✓	—	—
Serology 血清學	C-Reactive Protein 丙類反應蛋白	✓	—	—	—
	RA Factor 類風濕性關節炎因子	✓	✓	—	—
	Erythrocytes Sedimentation Rate 紅血球沉降率	✓	✓	✓	✓
Kidney Function 腎功能	Urinalysis 小便常規檢查	✓	✓	✓	✓
	Urea 尿素	✓	✓	—	—
	Creatinine 肌酸酐	✓	✓	✓	✓
Electrolytes 電解質	Sodium, Potassium, Chloride, Bicarbonate 鈉、鉀、氯化物、重碳酸鹽	✓	✓	—	—
	Calcium 鈣	✓	✓	—	—
Minerals 礦物質	Phosphorus, Inorganic 無機磷酸鹽	✓	✓	—	—
	SGPT (ALT) 谷丙轉氨酶	✓	✓	✓	✓
Liver Function 肝功能	SGOT (AST) 谷草轉氨酶	✓	✓	✓	—
	Total Bilirubin 總體膽紅素	✓	✓	✓	—
	Alkaline Phosphatase 鹼性磷酸酶	✓	✓	✓	—
	Gamma GT 丙種谷氨轉氨酶	✓	✓	✓	—
Protein 蛋白質	Total Protein, Albumin, Globulin 總蛋白質、白及球蛋白	✓	✓	✓	—
	A/G ratio 白蛋白及球蛋白比率	✓	✓	✓	—
Lipids Profile 血脂檢查	Cholesterol, Triglyceride 膽固醇、三酸甘油酯	✓	✓	✓	✓
	HDL & LDL Cholesterol 高及低密度膽固醇	✓	✓	✓	—
Thyroid Function 甲狀腺功能	T4 甲狀腺素	✓	✓	—	—
	TSH 促甲狀腺激素	✓	✓	✓	—
Diabetic Screening 糖尿病測試	Fasting blood glucose 血糖	✓	✓	✓	✓
	Haemoglobin A1c (HbA1c) 糖化血色素	✓	—	—	—
Gout Screening 痛風測試	Uric Acid 尿酸	✓	✓	✓	—
Hep. A Screening 甲型肝炎檢查	HAV Ab IgG 甲型肝炎抗體	✓	✓	✓	—
Hep. B Screening 乙型肝炎檢查	HBsAg, HBsAb 乙型肝炎表面抗原及抗體	✓	✓	✓	—
Stool Test 大便檢查	Stool Test (Parasites, Ova & Occult Blood) 大便檢查 (寄生蟲、蟲卵及隱血)	✓	✓	✓	—
Veneral Screening 性病測試	VDRL / RPR 梅毒血清測試	✓	✓	✓	—
Prostate Exam 前列腺檢查	PSA (Prostate Specific Antigen) 前列腺癌抗原 For male age 45 or above or if indicated only 只提供予四十五歲或以上或有病徵之男性	✓	✓	✓	—
Cancer Marker 癌症指標	EBV (Epstein Barr Virus Antibody) 鼻咽癌病毒抗體	✓	—	—	—
	AFP (Alpha-fetoprotein - Liver) 甲種胎蛋白 - 肝	✓	✓	—	—
	Carcinoembryonic Antigen (CEA - Colorectal) 癌胚抗原 - 腸	✓	—	—	—
Medical Report with Comments 醫療報告及建議	✓	✓	✓	✓	✓
Follow-up Consultation (Report Interpretation) 覆診(解釋報告)	✓	✓	✓	—	—
Special Offer 優惠價	HK\$ 6,800	HK\$3,250	HK\$ 2,520	HK\$ 1,320	HK\$ 780

✓ Included 包括

ABOUT US 關於我們

One-Stop Healthcare Services 一站式醫療保健服務

UMP Healthcare Group (Stock code: 722) was founded in 1990 by a physician-governed group. Through our medical centres and affiliated clinics, we offers a range of one-stop comprehensive healthcare services to local community and visitors, which includes:

聯合醫務集團(股份代號: 722)於1990年由多位資深醫生所創立。透過旗下的聯合醫務中心及網絡診所, 為香港市民及訪港旅客提供多元化及一站式醫療服務, 包括:

- General and Specialist Consultation 普通科及專科服務
- Dental Services 牙科服務
- Health Assessment 健康檢查
- Day Surgery & Endoscopy Services 日間手術及內視鏡服務
- Diagnostic Imaging & Laboratory Services 醫學影像及化驗服務
- Immunization 疫苗注射
- Physiotherapy 物理治療
- Traditional Chinese Medicine 中醫診症服務
- Vision Care and Optometry Services 眼科保健及視光服務
- Pre-employment Medical Examination 職前體格檢查
- Visa Medical Examination 外國簽證身體檢查
- Chronic Disease Management 慢性疾管理

Our centres are equipped with advanced clinical facilities for precision medical imaging and tests, including Computed Tomography (CT), Magnetic Resonance Imaging (MRI), Ultrasound, Mammogram and Bone Densitometry (DEXA) etc.

中心亦配備先進的醫療設備, 提供精確的影像診斷及檢驗。當中包括電腦斷層掃描 (CT), 磁力共振 (MRI)、超聲波、乳房X光造影、骨質密度檢查 (DEXA) 等。

查詢及預約 Enquiry & Appointment

Appointed Check-up Centres 指定體檢中心		
Please call the clinic directly for advance booking 請致電診所預約檢查服務		
Hong Kong 香港區		
Central 中環 [^]		Tel: (852) 2840 1636
Wan Chai 灣仔		Tel: (852) 2824 0018
Causeway Bay 銅鑼灣 [^]		Tel: (852) 2811 8218
Kowloon 九龍區		
Jordan 佐敦 [^]		Tel: (852) 3549 6833
Tsimshatsui 尖沙咀 [^]		Tel: (852) 2369 9536
New Territories 新界區		
Shatin 沙田		Tel: (852) 2634 1812

[^] Female attending doctors available upon request subject to clinical designated session. 如有需要可於中心指定時段內預約女主診醫生。
Facilities are available at Central & Jordan clinic as one-stop healthcare services. 中環及佐敦體檢中心可提供一站式體檢服務。



www.ump.com.hk



Health check centre address
體檢中心地址

UML/LAY/20210319



聯合醫務健康檢查計劃 UMP Health Assessment Program



Examination Items 檢查項目	Supreme Female 女士尊尚計劃	Premium Female 女士智選計劃	Executive Female 女士行政計劃	Standard 標準計劃	Basic 基本計劃
	SCH-ANN-04181	SCH-ANN-04179	SCH-ANN-04177	SCH-ANN-04175	SCH-ANN-04174
	Doctor's Consultation and Physical Examination 醫生會診及體格檢查	✓	✓	✓	✓
Medical History and Lifestyle Questionnaire 病歷及健康問卷	✓	✓	✓	✓	✓
Body Mass Index / Waist Circumference 體重指數 / 腰圍量度	✓	✓	✓	✓	✓
Vision Test 視力檢查	✓	✓	✓	✓	✓
Chest X-ray 胸部X光檢查	✓	✓	✓	✓	✓
Lung Function Test 肺功能測試	✓	✓	—	—	—
Electrocardiogram (ECG) 心电图	—	✓	✓	✓	—
Cardiac Stress Test (Treadmill Exercise ECG) 運動心电图 (Resting ECG is included 已包括靜態心电图)	✓	—	—	—	—
Whole Abdominal Ultrasound 全腹腔超聲波掃描 (Liver, Gall Bladder, Spleen, Kidney & Pancreas + Pelvis) (肝, 膽, 脾, 腎, 胰 + 盆腔)	✓	—	—	—	—
Pelvis Ultrasound 盆腔超聲波掃描	—	✓	—	—	—
Breasts Ultrasound 乳房超聲波	✓	—	—	—	—
Pap Smear 柏氏子宮頸細胞檢查	✓	✓	✓	—	—
Laboratory Investigations 化驗項目:					
Blood Picture 全血圖	· Complete Blood Count 全血計	✓	✓	✓	✓
Blood Group 血型	· ABO Blood Group, Rh Factor ABO 血型及恆河猴因子 (1st time user only 只適用於首次參與者)	✓	✓	—	—
Serology 血清學	· C-Reactive Protein 丙類反應蛋白	✓	—	—	—
	· RA Factor 類風濕性關節炎因子	✓	—	—	—
	· Erythrocytes Sedimentation Rate 紅血球沉降率	✓	✓	✓	—
Kidney Function 腎功能	· Urinalysis 小便常規檢查	✓	✓	✓	✓
	· Urea 尿素	✓	✓	—	—
	· Creatinine 肌酸酐	✓	✓	✓	✓
Electrolytes 電解質	· Sodium, Potassium, Chloride, Bicarbonate 鈉、鉀、氯化物、重碳酸鹽	✓	✓	—	—
	· Calcium 鈣	✓	✓	—	—
Minerals 礦物質	· Phosphorus, Inorganic 無機磷酸鹽	✓	✓	—	—
	· SGPT (ALT) 谷丙轉氨酶	✓	✓	✓	✓
Liver Function 肝功能	· SGOT (AST) 谷草轉氨酶	✓	✓	✓	—
	· Total Bilirubin 總體膽紅素	✓	✓	✓	—
	· Alkaline Phosphatase 鹼性磷酸酶	✓	✓	✓	—
	· Gamma GT 丙種谷氨轉肽酶	✓	✓	✓	—
Protein 蛋白質	· Total Protein, Albumin, Globulin 總蛋白質、白及球蛋白	✓	✓	✓	—
	· A/G ratio 白蛋白及球蛋白比率	✓	✓	✓	—
Lipids Profile 血脂檢查	· Cholesterol, Triglyceride 膽固醇、三酸甘油脂	✓	✓	✓	✓
	· HDL & LDL Cholesterol 高及低密度膽固醇	✓	✓	✓	—
Thyroid Function 甲狀腺功能	· T4 甲狀腺素	✓	✓	—	—
	· TSH 促甲狀腺激素	✓	✓	✓	—
Diabetic Screening 糖尿病測試	· Fasting blood glucose 血糖	✓	✓	✓	✓
	· Haemoglobin A1c (HbA1c) 糖化血色素	✓	—	—	—
Gout Screening 痛風測試	· Uric Acid 尿酸	✓	✓	✓	—
Hep. A Screening 甲型肝炎檢查	· HAV Ab IgG 甲型肝炎抗體	✓	✓	✓	—
Hep. B Screening 乙型肝炎檢查	· HBsAg, HBsAb 乙型肝炎表面抗原及抗體	✓	✓	✓	—
Stool Test 大便檢查	· Stool Test (Parasites, Ova & Occult Blood) 大便檢查 (寄生蟲、蟲卵及隱血)	✓	✓	✓	—
Veneral Screening 性病測試	· VDRL / RPR 梅毒血清測試	✓	✓	✓	—
Cancer Marker 癌症指標	· EBV (Epstein Barr Virus Antibody) 鼻咽癌病毒抗體	✓	—	—	—
	· AFP (Alpha-fetoprotein - Liver) 甲種胚胎蛋白 - 肝	✓	✓	—	—
	· Carcinoembryonic Antigen (CEA - Colorectal) 癌胚抗原 - 腸	✓	—	—	—
Medical Report with Comments 醫療報告及建議	✓	✓	✓	✓	✓
Follow-up Consultation (Report Interpretation) 覆診(解釋報告)	✓	✓	✓	—	—
Special Offer 優惠價	HK\$ 7,400	HK\$ 3,250	HK\$ 2,520	HK\$ 1,320	HK\$ 780

✓ **Included** 包括

Domestic Helper Medical Examination 家庭傭工健康檢查計劃	
Doctor's Consultation and Physical Examination 醫生會診及體格檢查	✓
Medical History and Lifestyle Questionnaire 病歷及健康問卷	✓
Chest X-ray 胸部X光檢查	✓
Complete Blood Count 全血計	✓
Urinalysis 小便常規檢查	✓
HBsAg 乙型肝炎表面抗原	✓
Stool Test (Parasites, Ova) 大便檢查 (寄生蟲、蟲卵)	✓
VDRL / RPR 梅毒清測試	✓
HIV I & II Ab 愛滋病毒抗體	✓
Pregnancy Test (Urine) 妊娠檢查 (尿液測試)	✓
Medical Report with Comment 醫療報告及建議	✓
Special Offer 優惠價	\$ 800

Additional Items 附加項目		Special Offer 優惠價
Special rate is only applicable to clients who use any of the examination program listed on the same day. 客人如參加本單張上任何之計劃，便可於同日以優惠價使用下列附加項目		
1	Allergy Test – Inhalation (South East Asia) 過敏測試 – 吸入性致敏原 (東南亞)*	\$ 1,350
2	Allergy Test – Food (South East Asia) 過敏測試 – 食物性致敏原 (東南亞)*	\$ 1,260
3	Allergy Test – Atopy (China) 過敏測試 – 過敏體質致敏原 (中國)*	\$ 1,350
4	CT Scanning - Coronary Angiogram + Calcium Score ▲ 電腦斷層掃描 – 冠狀動脈造影及鈣化指數	\$ 5,310
5	Dual Energy X-ray Absorption Bone Densitometry (DEXA) – Spine & Hip ▲ 骨質量度 – 腰椎及股骨 (For Menopause women or if indicated 適合更年期或有病徵之女性)	\$ 810
6	EBV (Epstein Barr Virus Antibody) 鼻咽癌病毒抗體	\$ 450
7	Helicobacter Pylori Screening – Urea Breathe Test 幽門螺旋菌檢查 – 幽門螺旋菌吹氣測試	\$ 750
8	Mammogram ▲ (For female age 40 or above or if indicated 適合四十歲或以上或有病徵之女性)	\$ 1,440
9	Upper Abdominal Ultrasound ▲ 上腹腔超聲波掃描 (Liver, Gall Bladder, Spleen, Kidney & Pancreas 肝, 膽, 脾, 腎, 胰)	\$ 1,620

Endoscopy Service 內視鏡檢查		Special Offer 優惠價
Conduct at 238 Day Surgery & Endoscopy Centre 於238日間手術及內視鏡中心進行		
10	Colonoscopy 大腸內視鏡檢查 ◆	\$ 8,000
11	Gastrosocopy (OGD) 食道胃腸內視鏡檢查 (胃鏡) ◆	\$ 6,000

Remarks 備註

- Special arrangement is needed for the above test, please check with our clinic staff.
以上測試需要特別安排，詳情請向診所職員查詢。
- ▲ Above item is available at appointed centres, please check with our clinic staff.
以上項目需在指定中心進行，詳情請向診所職員查詢。
- ◆ For more details, please check with our clinic staff.
檢查內容請向診所職員查詢。

UMP reserves the right to adjust the above prices without prior notice.
聯合醫務保留調整以上價格之權利而無須另行通知。

Treadmill Exercise ECG 運動心电图:

It is a test to evaluate how the heart responds to the demand of physical activity. Varies heart conditions can be detected during the test. A resting ECG is included before the test.
這測試評估心臟對運動時的需求所作出的反應，它亦能測試出一些在靜態情況未能顯示出的心臟問題，而靜態心电图亦已包括在此檢查內。

Whole Abdominal Ultrasound 全腹腔超聲波掃描:

It uses the reflected high-frequency sound waves to produce a picture of the organs and structures in the Pelvis/ Prostate and abdomen including liver, gallbladder, spleen, kidneys & pancreas to detect any abnormalities among these organs.
利用高頻率聲波反射而產生的影像替盆腔/前列腺及腹腔內的器官和組織包括肝、膽、脾臟、腎臟及胰臟進行檢查，檢測有否異常情況。

Colonoscopy 大腸內視鏡檢查:

According to the American Cancer Society, it is recommended that men or women with average risk for developing colorectal cancer should attend regular screening from the age of 50. Individual with higher risks should consider starting even earlier.
根據美國癌症協會的建議，不論性別均可在五十歲時接受第一次大腸內視鏡檢查。而存有特別高風險的人士，就應考慮在更早開始接受檢查。



DEXA 骨質量度:

It uses dual X-ray beams to estimate bone density in your spine and hip. Women after menopause are more susceptible to bone mass loss and recommended for the DEXA screening for early detection of osteoporosis.
這是利用兩組X光來評估腰椎及股骨的骨質密度。女性於更年期後較易出現骨質流失的情況，骨質量度可及早發現骨質疏鬆症的問題。

Mammography / Breasts Ultrasound 乳房X光造影檢查 / 乳房超聲波掃描:

Based on the recommendation of American Cancer Society, women aged 40 and above should have a screening mammogram every year. Ultrasound also helps distinguish between cysts and solid masses. Ultrasound may be most helpful in women with high breast density (thickness).
根據美國癌症協會建議，四十歲以上的女性應每年作定期乳房X光造影檢查。超聲波掃描有助分辨出囊腫和硬塊，該檢查特別對一些乳房組織密度較高的女士有更大幫助。

